



Compassionate Care • Trusted Support •
Promoting Independence

**Providing high-quality,
person-centred care**
in the comfort of
your own home.



15+
YEARS OF
PROFESSIONAL
EXPERIENCE

Dedicated to supporting
older adults and individuals
with a wide range of physical,
neurological and mental
health needs, while promoting
dignity, independence
and wellbeing.

✓ **Full UK Driving Licence**



COMPASSION



TRUST



RESPECT



INDEPENDENCE

Caring with Heart, Supporting Independence, Enhancing Lives

SERVICES PROVIDED



Live-in Care

Dedicated 24-hour support, allowing clients to remain safe and comfortable in their own home.



Personal Care

Assistance with washing, bathing, dressing, grooming and personal hygiene while maintaining dignity and respect.



Medication Support

Safe and timely assistance with medication in accordance with care plans.



Meal Preparation

Preparation of nutritious meals tailored to individual dietary requirements and preferences.



Companionship

Friendly conversation, emotional support and meaningful social interaction to reduce loneliness.



Light Housekeeping & Laundry

Maintaining a clean, organised and comfortable living environment.



Shopping & Appointments

Support with grocery shopping, collecting prescriptions and attending medical or social appointments.



Mobility & Moving Support

Assistance with mobility, transfers, positioning and daily movement to encourage independence.





Dementia Care

Patient, compassionate and specialist support for individuals living with dementia.



Overnight & Respite Care

Reliable overnight care and temporary respite support for families and primary caregivers.



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Dedicated 24-hour support, allowing clients to remain safe and comfortable in their own home.



Personal Care

Assistance with washing, bathing, dressing, grooming and personal hygiene while maintaining dignity and respect.



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TRAINING & PROFESSIONAL QUALIFICATIONS



- ✓ NVQ2 Health and Social Care
- ✓ NVQ3 Health and Social Care

Mandatory Care Training

- DBS Checked
- Safeguarding Adults & Children
- Moving & Handling
- Medication Awareness
- First Aid
- Infection Prevention & Control
- Health & Safety
- Food Hygiene
- Person-Centred Care
- Dementia Care
- End of Life Care
- Challenging Behaviour Management



Experience Supporting Individuals With

- Dementia
- Multiple Sclerosis (MS)
- Learning Disabilities
- Mental Health Conditions
- Brain Injury
- Reduced Mobility
- Complex Care Needs



All mandatory care training is fully completed and up to date.



ABOUT ME

I am a compassionate, reliable and trustworthy professional caregiver with over 15 years of experience delivering high-quality care across a variety of care settings.

I believe everyone deserves to be treated with dignity, kindness and respect. My goal is to help people remain safe, comfortable and as independent as possible while enhancing their quality of life.

I take pride in building trusting relationships with clients and their families by providing personalised care tailored to each individual's needs.



CONTACT



Email

dashalivingcare@gmail.com



Telephone

07455219080



Available

upon request



Areas Covered

ALL UK

Available within your local area

CARE AVAILABILITY

- ♥ Live-in Care
- ♥ Domiciliary Care
- ♥ Overnight Care
- ♥ Respite Care
- ♥ Short-Term & Long-Term Care

SCAN THE QR CODE
TO CONTACT ME



CARE YOU CAN TRUST

Professional • Compassionate • Reliable

"Care You Can Trust. Support That Makes a Difference."